

10TH ANNUAL

# HOPE 4 HAITI

5K / 10K / 1MILE

SATURDAY JULY 13TH, 2019



## WHEN

Saturday July 13th, 2019 (Rain or Shine)  
Race Day Registration Opens at 7:00 a.m.  
- 10K Start at 7:45 am  
- 5K Start at 7:55 am  
- 1 Mile Run starts at 8:00 am

Early packet pickup is available on Friday July 12th  
5pm-7pm @ Hope Lutheran Church  
1975 Old US Hwy 94, St. Charles, MO

## WHERE

### LOCATION

Frontier Park (Registration at Jaycee Stage)  
500 South Riverside Drive  
St. Charles, MO 63301

### DIRECTIONS

Take 5th Street Exit off I-70, Go North on S.  
5th Street. Turn Right onto Boone's Lick Road.  
Take a left onto S. Riverside Dr.

## DETAILS

### COST

Cost of Event Includes Performance T-Shirt, Drinks  
and Snacks following the Race.  
March \$20, April \$25, May \$30, June \$35, July \$40

### AWARDS

Top Three Finishers in each Race/Division: Men  
& Women, 14 and Under, 15-19, 20-29, 30-39,  
40-49, 50-59, 60-69, 70+

HOPEFORHAITI5K.COM



NAME \_\_\_\_\_ DOB \_\_\_\_\_ AGE (race day)  MALE  FEMALE

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

### PHONE

#### EVENT

check one

- HAITI 5K
- HAITI 10K
- HAITI 1 Mile

#### SHIRT SIZE

check one

- Youth M
- Youth L
- Adult S
- Adult M
- Adult L
- Adult XL
- Adult XXL

### EMAIL

#### MAIL CHECKS TO:

Hope For Haiti 5K c/o Justin Hawkins  
5880 Canterfield Ct.  
Weldon Spring, MO 63304

#### MAKE CHECKS OUT TO:

Missouri Valley KAH

#### THE FOLLOWING WAIVER MUST BE SIGNED TO PARTICIPATE

In consideration of your accepting this entry form, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims for damages I may have against the Hope for Haiti Run and 1 Mile Fun Run/Walk, the sponsors of this event, its agent, representatives, successors and assigns for any and all injuries including death, suffered by me at said run, or which may arise out of traveling to, participating in, and returning from this event. I understand that heat, humidity and the length of this run makes for an exhausting activity. I further state that I am in proper physical condition to participate in this event. I grant permission to all of the foregoing to use my photographs, motion picture recordings or any other record of this event for any legitimate purpose.

SIGNATURE OF PARTICIPANT OR GUARDIAN IF UNDER 18 YRS OF AGE \_\_\_\_\_

DATE \_\_\_\_\_